



RAPID  
TRANSFORMATIONAL  
THERAPY®

# ETHICAL CODE OF CONDUCT

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# BACKGROUND AND SCOPE

The RTT® Training School recognizes its obligation to uphold professional standards and to promote integrity, responsibility, competence and respect in its students and graduates. This *Ethical Code of Conduct* should direct all behavior, values and judgments amongst RTT®, RTC® and CAH® students and graduates in order to safeguard client and graduate welfare. The *Ethical Code of Conduct* applies to all students and graduates who have undertaken any qualification at the RTT® Training School, regardless of geographical location.



<p><b>Standard 1: Demonstrate personal qualities</b></p>	<p>Be professional at all times.</p> <p>Manage yourself in your role.</p> <p>Commit to a program of Continuing Personal Development (CPD)/Continuing Education Units (CEU).</p> <p>Act with integrity at all times.</p> <p>Acknowledge the client's right to terminate the relationship at any point during the process.</p> <p>Be respectful of other medical or healthcare professionals and the boundaries of their professional remit.</p>
<p><b>Standard 2: Work well with others</b></p>	<p>Take account of professional and client expertise.</p> <p>Build and maintain relationships with other professionals who can support you in your practice.</p> <p>Communicate with clients effectively about your services to establish their trust and consent for the work you intend to do.</p> <p>Promote inclusiveness and anti-discriminatory practice, including an awareness of the culturally sensitive boundaries that govern practitioner and client interactions, physical or otherwise.</p> <p>Report any concerns about the practice of other RTT®, RTC® or CAH® professionals to the RTT® Training School, without delay.</p>
<p><b>Standard 3: Intervene with skill (Do no harm)</b></p>	<p>Apply knowledge, understanding and values relevant to your profession.</p> <p>Ensure the physical and psychological safety of clients by operating within regulatory and/or organizational frameworks (including Health &amp; Safety and Safeguarding).</p> <p>Recognize your limitations and seek advice when needed.</p> <p>Report any safeguarding issues concerning vulnerable children or adults according to the procedures in the client's region.</p> <p>Recommend, where necessary, that the client seeks medical advice if the issue that is presented appears to be physical, or outside the remit of RTT® or RTC®.</p> <p>Do not make false claims about your qualifications and experience, about the scope of RTT®, RTC® or CAH® as a method, or suggest that RTT®, RTC® or CAH® will be a 'cure'.</p> <p>Use RTT®, RTC® and CAH® only as therapeutic tools.</p>

<p><b>Standard 4: Quality assure your practice</b></p>	<p>Do not mix RTT® or RTC® with other modalities within your sessions.</p> <p>Select and use appropriate RTT®, RTC® and CAH® Tools when working with clients.</p> <p>Measure the impact you are having on the client's issue.</p> <p>Record and maintain accurate records, strictly adhering to GDPR/data protection and privacy laws, and insurance requirements, and advising clients of rules for disclosure.</p> <p>Be aware of, and comply with, relevant RTT® Training School policies and procedures. Create an agreement of services with your clients.</p> <p>Agree on confidentiality and information exchange.</p> <p>Outline the circumstances in which confidentiality will not be kept.</p> <p>Have an awareness of the quality of your practice.</p>
<p><b>Standard 5: Demonstrate professionalism</b></p>	<p>Provide change and transformation using sound judgment.</p> <p>Be open with clients regarding the expectations, success and cost of services.</p> <p>Ensure appropriate professional insurances are maintained.</p> <p>Protect the professionalism of the RTT®, RTC® or CAH® techniques.</p> <p>Conduct yourself, at all times, in accordance with your status and do not engage in any behavior or practice which may bring the RTT®, RTC® or CAH® techniques into disrepute. This also includes how you conduct yourself online.</p> <p>Obtain client permission before any video/audio recordings take place and before publishing client feedback, regardless of whether this is done anonymously.</p> <p>Understand how to escalate concerns in your local area, including safeguarding concerns.</p> <p>Develop networks of support within multi-agency partnerships.</p> <p>Maintain the confidentiality of your clients at all times.</p> <p>Ensure you maintain professional boundaries at all times. (For example, avoid any sexual or romantic relationships with clients.)</p> <p>Do not misrepresent yourself using the RTT®, RTC® or CAH® brand/materials. Report malpractice when noted to the relevant overseeing organization.</p>

<p>(cont.)</p> <p><b>Standard 5: Demonstrate professionalism</b></p>	<p>Adhere to the <i>RTT® Ethical Code of Conduct</i>.</p> <p>Have the ability to identify your levels of skill and competency, and work within these and the standards you were trained in.</p> <p>Recognize and honor the intellectual property of others.</p> <p>Be aware of, and mitigate, conflicts of interest.</p> <p>Maintain technical and practical skills by committing to ongoing personal, professional and ethical development.</p> <p>Operate your practice within local, regional and national regulations.</p>
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